

WomanSafeHealth Presents...

Starting Over

A Divorce/ Separation Support Group

for women going through the ending of any significant intimate partnership

Take back your power

Learn from the past while letting it go

Chart a new course for your life

Tuesdays from 4:00-5:30 pm

Pre-Registration is required. For more information, please e-mail info@womansafehealth.com

or call us at 734-477-5100

About the Facilitator: **Sierra Hillebrand, MA, TLLP** is a psychotherapist who holds a master of arts in humanistic and clinical psychology from the Center for Humanistic Studies. Sierra has also provided clinical services to women and their families as a midwife, doula and childbirth educator since 1997.



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